

Project day/ Date – Friday , 25.04.2025

Cir No. :-JSHS/0557/0425

Date : 15.04.25

JESUS' SACRED HEART SCHOOL
TASK PLANNER
CLASS – VI A-D, F

Theme: Nutrition and Diet

For Group Activities, Class will be divided in groups of 5 students each. In groups, students will be required to perform/complete the given tasks.

| SUBJECT | TOPIC | NATURE OF TASK | REQUIRED MATERIAL (To be sent from home) | CLASS/HOME WORK |
|-------------|---|--|--|---|
| ENG + SCI | Innovation Solutions (Group Activity) | Students will engage in a collaborative brain storming session and design a healthy, affordable, and sustainable weekly lunchbox diet plan using local ingredients. They would be required to present their ideas also in a group. | A3 sized sheets Picture cutouts colored Pens | To be done in class |
| SST + HINDI | Food fair Stall (Group Activity) | Students will compile a recipe book of 5 recipes featuring healthy and nutritious cooking without fire recipes in Hindi and will organize a food fair by preparing 2 nutritional cooking without fire recipes (compiled in Recipe book) in class. Students will also be required to give a verbal Presentation about the dishes & the nutrients present in the dishes. Verbal Presentation to be given in English. | Chopped ingredients and cutlery for Presentation | Recipe book to be made at home & dishes to be prepared in class |
| PBI | Situation Based Analysis (Individual Activity) | A situation based on the theme will be given in class, students will be required to analyse it and give solutions for the same in Punjabi (Written Activity). | - | To be done in class |
| Math | Budget Analysis (Individual Activity) | A Case Study based on Budget of a family for maintaining a healthy Diet will be given. Students will be required to analyse it and give appropriate response and solutions to it. | A4 sized sheet | To be done in class |

****Kindly ensure the presence of your ward on Project day, as the activities will not be conducted again.**

PRINCIPAL